

Confidential • Non-Judgmental • Stigma-Free

PREVENT HIV WITH

***PREP & PEP***

***WHAT YOU NEED TO KNOW***

Download Brochure  
to Your Phone



**MUSIC CITY  
PrEP CLINIC**

PrEP • STI TESTING & TREATMENT • HIV CARE

# WHAT IS PREP?

PrEP (pre-exposure prophylaxis) is a once-a-day pill that reduces your risk of contracting HIV by 99%.

Currently, there are two PrEP medications - Truvada (the original PrEP) and Descovy (the most recent medical innovation in HIV prevention).

## WHO NEEDS PREP?

PrEP is for everyone, regardless of age, gender, sexual orientation or relationship status. If you are at risk for any STD/STI you are also at risk for HIV.

*According to the CDC, about 25% of new HIV infections are transmitted through heterosexual contact. Men who have sex with men account for about 2/3 of all new HIV infections. IV drug users are also at a significant risk.*

## DOES PREP HAVE ANY SIDE EFFECTS?

Most people do not experience any side effects. A small percentage of people might experience minor digestive issues or mild headaches. Truvada can lead to slight changes in bone density and kidney function, but rarely do these changes cause serious medical issues. Descovy is less likely to cause bone density or kidney issues. Truvada and Descovy have both been proven to be extremely safe medications. Your provider will closely monitor any changes PrEP may have on your health.

## WHY SHOULD I BE ON PREP?

PrEP puts you in control of your HIV status, regardless of the HIV status or behaviors of your sexual partner(s). When taken properly, PrEP offers you nearly perfect protection against HIV, and it's significantly more effective than condoms.

## DOES PREP PROTECT ME FROM OTHER STIs

PrEP only protects you against HIV; however, your PrEP regimen requires that you have lab work done every three months when your provider renews your prescription.

This will put you on an automatic schedule to be tested for all STIs, and if necessary, receive prompt treatment to better protect you and your sexual partners.

DoxyPEP, however, is very effective in preventing chlamydia, gonorrhea, and syphilis. Ask us about DoxyPEP today!

## HOW CAN PREP INCREASE SEXUAL PLEASURE AND INTIMACY?

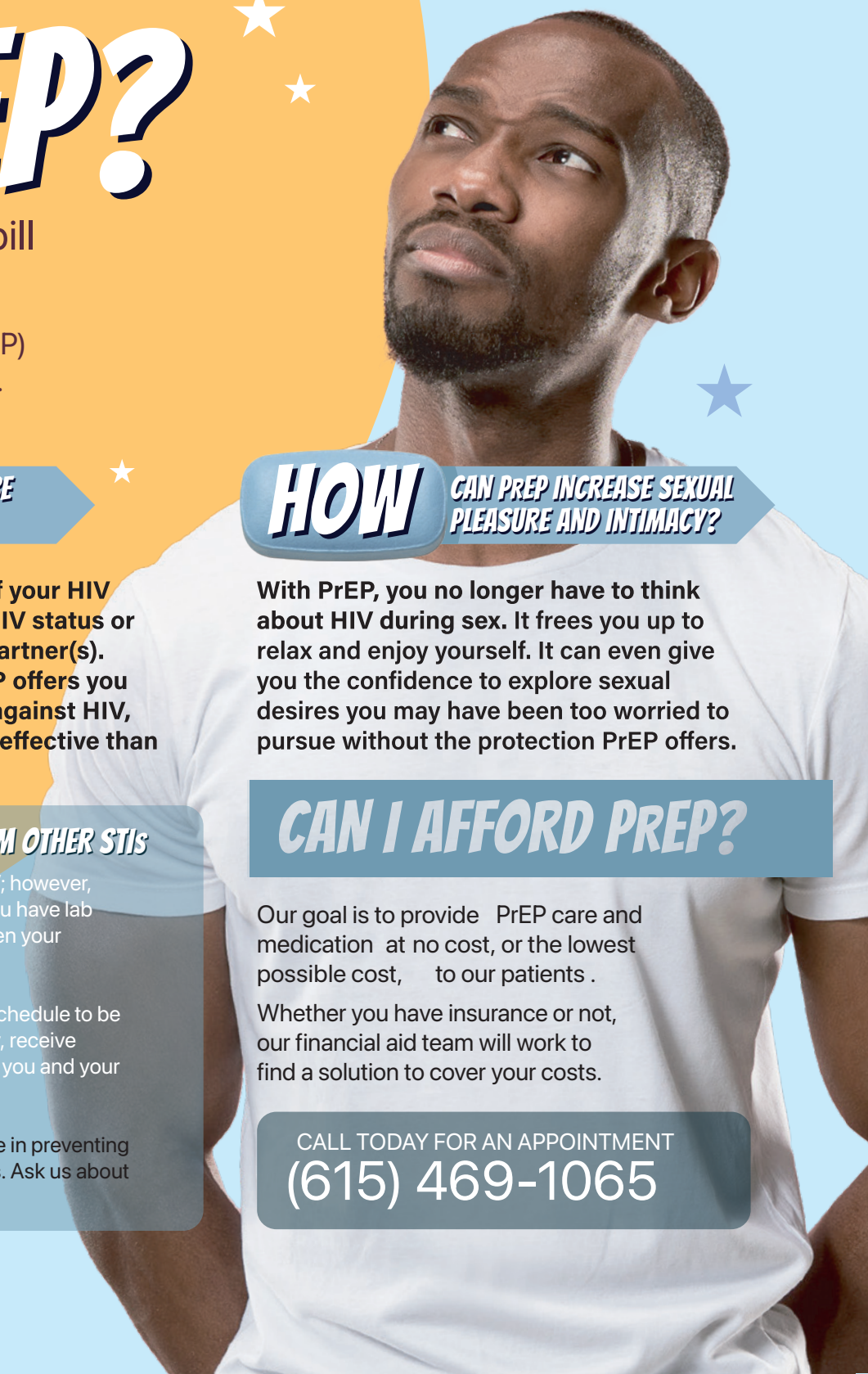
With PrEP, you no longer have to think about HIV during sex. It frees you up to relax and enjoy yourself. It can even give you the confidence to explore sexual desires you may have been too worried to pursue without the protection PrEP offers.

## CAN I AFFORD PREP?

Our goal is to provide PrEP care and medication at no cost, or the lowest possible cost, to our patients.

Whether you have insurance or not, our financial aid team will work to find a solution to cover your costs.

CALL TODAY FOR AN APPOINTMENT  
**(615) 469-1065**





# WHAT IS PEP?

PEP is for those who have been  
exposed to HIV in the past 72 hours

PEP stands for Post-Exposure Prophylaxis.  
IF YOU'RE NOT ON PrEP AND YOU THINK  
YOU'VE BEEN EXPOSED TO HIV IN THE  
LAST 72 HOURS we can prescribe PEP,  
medication that can prevent you from  
becoming infected with the virus.

Call us for an appointment *immediately*

**(615) 469-1065**



**SEX**

**WITHOUT FEAR**




**LOVE**

**WITHOUT STIGMA**



## ***WHY MUSIC CITY PrEP CLINIC?***

When you enter our clinic, you can rest easy knowing you are in a safe, non-judgmental, and stigma-free space. We encourage our patients to speak freely and ask questions without fear of being judged. We want you to feel confident that you have the answers you need to stay HIV-free, and have a happy, healthy sex life.



*The Music City PrEP Clinic is a unique non-profit organization on a mission to end HIV. By choosing us for your sexual health care, you are contributing to our efforts to reach even more people with our life-changing services.*



**(615) 469-1065**

**MusicCityPrEP.org**



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